

ProviDRs Pulse



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Group Contract Requirements

ProviDRs Care now requires all practitioners, including current participating practitioners, to contract as a group to be credentialed or re-credentialed with the network. Previously, participating practitioners had the option to contract as a group or as an individual practitioner. This change streamlines the contracting and credentialing process by reducing the administrative burden for participating provider groups. Our [Provider Manual](#) and [Claims and Billing Manuals](#) have both been updated for 2020.

If you are uncertain or are a new provider group that would like to participate in ProviDRs Care Network, please complete the Group Declaration of Agreement (DOA) found on our website at <https://providrscare.net/groupdoa/>.

Onsite Meetings with Hospitals

ProviDRs Care continues to meet onsite with our partner hospitals. This is part of our ongoing commitment to sharing updates, including new community employer relationships or network expansions, as well as addressing any issues or concerns you may be experiencing. Please be on the lookout for a meeting invitation coming soon.

Become a Medica Prime Solution Provider

Medica Prime Solution (Prime) is different than all other Medicare plans currently available in Kansas. This Cost plan works with traditional Medicare and offers members more affordable premiums and less out-of-pocket expenses while reducing administrative burden on providers with faster payments. Becoming a participating provider helps fulfill the changing needs and coverage preferences of Medicare members.

Why should I participate in Prime?

- Covers out-of-pocket expenses, including deductibles and coinsurance
- Offers more covered benefits than traditional Medicare, such as routine physicals, annual eye exams, and annual hearing exams
- Minimizes collection efforts on outstanding balances

How do I join Prime?

As a participating provider in the ProviDRs Care network, you may add Prime by simply signing an amendment to your existing agreement and supplying minimal CMS-required demographic information. No additional contracting or credentialing is required. Please note that durable medical equipment (DME), dialysis center, and mental health providers are not eligible to participate through their ProviDRs Care agreement.

Please send requests for the generation of a new Prime packet or inquiries about the status of a submitted packet to Contracting@ProviDRsCare.Net.



Credentialing Corner

- Unsure if a practitioner needs to be credentialed?!?!? Check our web site at <https://services.providrscare.net/provlookup/MainMenu.aspx> to determine if the practitioner is already credentialed with our network. If you need to add a new or additional TIN, or add an additional location, simply complete a [Provider or Practice Change Form](#) and submit it with a W-9.
- Please note that we have updated our online credentialing applications! The same credentialing application is used for providers being credentialed for the first time, or being recredentialled.



February is **Heart Health** Month

Five Ways to Prevent Heart Disease and Stroke

By *American Heart Association News*

- ♥ **Nutrition:** Adults should eat more plant-based foods such as vegetables, fruits, nuts, legumes, and whole grains, and choose fish, lean vegetable and animal proteins. Minimize processed meat and sweetened drinks.
- ♥ **Exercise:** Each week, adults should engage in at least 150 minutes of moderate-intensity activity, such as brisk walking, or at least 75 minutes of a vigorous activity, such as jogging. Children should engage in at least 60 minutes of physical activity every day.
- ♥ **Tobacco:** Assess at every patient visit for tobacco use, those patients that do use tobacco should be assisted and strongly advised to quit.
- ♥ **Social Determinants:** Healthcare providers should look at health from a patient's perspective, taking into account elements such as housing, food security, transportation, self-image, and culture.
- ♥ **Aspirin:** Because of the risks of bleeding, doctors shouldn't prescribe aspirin for prevention, except in carefully selected patients.

Source: *American Heart Association/American College of Cardiology prevention guidelines*

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About
148,000
people in Kansas
have coronary heart disease.

This is the most common form of heart disease and can often be prevented. **#OurHearts** are healthier when we move more, eat healthier, get enough sleep, reduce stress, and quit smoking—together!

Learn more at hearttruth.gov.

 **NIH** National Heart, Lung, and Blood Institute 

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