

# ProviDRs Pulse

## ESSENTIAL HOW-TO'S

**PATHOLOGY, ER, ANESTHESIA,  
 RADIOLOGY, HOSPITALIST,  
 OR LAB PROVIDERS**



**ARE YOU A PATHOLOGY, ER, ANESTHESIA, RADIOLOGY, HOSPITALIST,  
 OR LAB PROVIDER LOOKING FOR AN EASIER WAY TO MANAGE YOUR NETWORK STATUS?**

Practitioners who perform services under these specialties are not required to complete a credentialing application.

If you are already a contracted group and need to add or terminate providers,  
*please complete sections 1, 2, & 5 of the [Provider or Practice Changes form](#).*

To become a contracted group,  
*please sign the [Group Declaration of Agreement](#).*

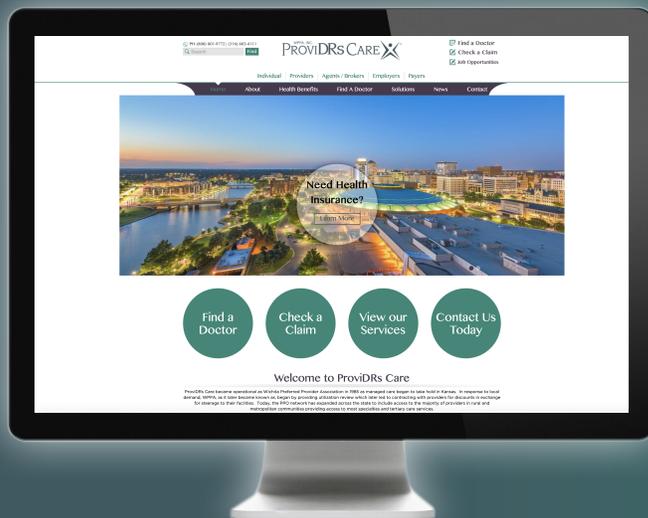
*Once you are contracted, you can provide a roster or use the provider or practice change form to add providers.*

To verify your group's contract status,  
*please reach out to our Provider Relations Department at [ProviderRelations@ProviDRsCare.net](mailto:ProviderRelations@ProviDRsCare.net)  
 with your group's Tax ID number(s).*

- Watch your emails for notifications from ProviDRs Care when your providers are due for recredentialing. As a courtesy, we will send two reminder notices before the provider network participation would lapse.
- If the credentialing contact for your organization changes, please notify us via email at [Credentialing@Providrscare.net](mailto:Credentialing@Providrscare.net). It is critical for ProviDRs Care to maintain current information to ensure you receive reminders regarding providers that are due for recredentialing.



## NOT SURE IF YOU NEED TO SUBMIT A CREDENTIALING APPLICATION OR SIMPLY COMPLETE AND SUBMIT A PROVIDER CHANGE FORM? FOLLOW THE STEPS BELOW TO DETERMINE WHICH IS NEEDED.



- Check our website at [www.providrscare.net](http://www.providrscare.net)
- Select “Find a Provider”
- Select “Find a Provider” again
- Use PCN as the group number
- Search by last name
- If your provider appears in our directory, they are active in our network and only sections 1,2 and 5 of the Provider or Practice Change form (<https://providrscare.net/wp-content/uploads/2020/08/ProviderChanges.pdf>) needs to be completed to add your organization to their existing profile. Note that there may be several locations for a provider, and the {E} below the provider name indicates when the provider became effective with that location.
- If you cannot locate your provider in our directory, a credentialing application and supporting documentation is needed.

## Testicular Cancer Awareness



Testicular cancer is often diagnosed in younger and middle age men. It is the most common form of cancer in men ages 20-35. Although the cancer can be aggressive and fast growing, testicular cancer is highly treatable. Discuss with your male patient, the risk factors, signs, symptoms, and the importance of performing monthly self-exams.

*Talk with your patients about performing a monthly self-exam and to note differences, and the importance of following up with their health care provider.*

### SELF-EXAM

- 1 Choose a time when the scrotum is relaxed, such as during/ after a shower.
- 2 Place an index and middle finger under the testicle with the thumb on top.
- 3 Firmly but gently, roll the testicle between the fingers.
- 4 Examine testicles for changes in color, shape, or swelling.
- 5 Contact a doctor immediately if any bumps, lumps, or other concerning changes are identified.

### RISK FACTORS

- Having a family history of the disease
- Having abnormal testicular development
- Being of Caucasian descent
- Having an undescended testicle, which is called cryptorchidism

### SIGNS & SYMPTOMS

- A painless lump or swelling in either testicle
- A change in how the testicle feels
- A dull ache in the lower abdomen or groin
- A sudden build-up of fluid in the scrotum
- Pain or discomfort in a testicle or the scrotum

#### Resources:

Carroll, Malissa. "Testicular Cancer Awareness Month: Self Examination Saves Lives." NFCR, 28 Oct. 2020, [www.nfcr.org/blog/testicular-cancer-awareness-month-self-examination-s](http://www.nfcr.org/blog/testicular-cancer-awareness-month-self-examination-s).

Testicular Health Guide,

[www.testicularcancerawarenessmonth.com](http://www.testicularcancerawarenessmonth.com)