



# Understanding the Care Navigator Program



## What is the Care Navigator Program?

The Care Navigator program provides you support to assist in navigating the complexity of your healthcare. Your Care Coordinator will provide you with the tools and resources to help manage your health.

## Services Offered:

- Finding low-cost providers and services
- Scheduling provider appointments
- Finding available community resources
- Emergency Room/ Hospital Follow Up Care
- Provide the resources needed to help manage health conditions and improve self-care

## Contact the Care Coordinator

Available Monday thru Friday 8:00 am - 5:00 pm



Call (316) 221-2668



Text (316) 669-4399



Email [CareNavigator@ProvidRsCare.net](mailto:CareNavigator@ProvidRsCare.net)



Live Web Chat from our webpage at [www.providrscare.net/members](http://www.providrscare.net/members)