

# Understanding the NexUS Flint Hills Health Plan

## Q. What is NexUS Flint Hills?

A. NexUS Flint Hills aligns provider, member and employee incentives to drive down the cost of care while improving the quality of care.

## Q. How can NexUS Flint Hills help lower employer costs?

A. NexUS Flint Hills targets the primary cost drivers of an employer's health plan. Primary care physicians and members have financial incentives that steer members to lower-cost facilities and specialists.

## Q. What are the components of NexUS Flint Hills?

A. NexUS Flint Hills has three key components to the benefit plan.

- Members select a primary care physician (PCP)
- Employers provide incentives for their employees to seek Tier 1 providers and Centers of Value
- Members engage the Care Navigator

## Q. How do employees find a Tier 1 provider?

A. Our [Find A Doctor](#) link on our website is available to members 24/7 for easy access.

## Q. Do members need a referral to see a specialist?

A. Members are not required to have a referral to see a specialist. Members are encouraged to consult with their primary care physician prior to seeking care from a specialist.

## Q. What is the Care Navigator Program?

A. The Care Navigator Program is free to members and provides:

- Help finding members to obtain the best care options based on their health needs
- Assistance with scheduling appointments with providers
- Help managing high-risk and chronic conditions

## Q. Where is NexUS Flint Hills Offered?

A. NexUS Flint Hills is always growing. The map illustrates our current counties:

